

Apprenticeship Support: when to file for unemployment benefits while training

If you do not have an unemployment claim, you need to apply. If you applied for benefits within the last 12 months but have not filed a weekly claim within the last 5 weeks, you need to restart your claim. You will need to apply or restart your claim so that it starts the Sunday before training.

For unemployment purposes, a week starts on Sunday and ends on Saturday.

Sunday before training:
Apply or restart your claim.

After the first week:
File your weekly claim.

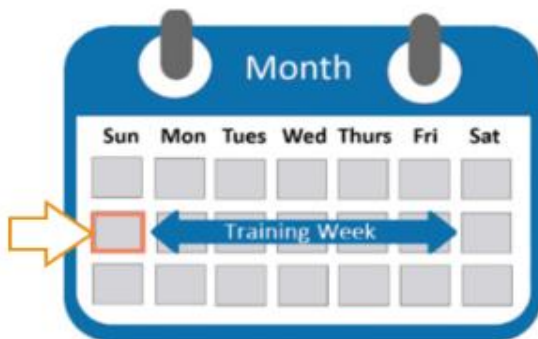
After each training week:
File weekly claim until training ends.

The quickest way to apply or restart a claim is through eServices at secure.esd.wa.gov.

You can also restart a claim by phone. Call 800-318-6022 (WA Relay 711) from 12:01 a.m. Sunday until 4 p.m. Friday (or the last business day of the week).

If you do not have access to a computer, we can help you apply or restart a claim. Please call us the first week of training. High call volumes may require multiple attempts.

Apply or restart claim to start the Sunday before training



File weekly claims until training is complete



We look forward to working with you as you complete your apprenticeship training!



eServices
secure.esd.wa.gov
Available: 24/7



Phone
800-318-6022
8 a.m. – 4 p.m. Mon. – Fri.

Equal opportunity is the law

Employment Security Department is an equal opportunity employer/program. Auxiliary aids and services are available upon request to individuals with disabilities. Language assistance services for limited English proficient individuals are available free of charge. For hearing or speech help, dial 711 for Washington Relay.