



STATE OF WASHINGTON
GOVERNOR'S COMMITTEE ON DISABILITY ISSUES AND EMPLOYMENT
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Youth Leadership Forum (YLF) Meeting Minutes

Friday, May 2, 2025
10:00 AM to 11:00 AM

Attendees: Kristin DiBiase, YLF Chair; Lucas Doelman, YLF Co-Vice Chair; Autumn Harris, Co-Vice Chair; Lyn Sowdon, and Nancy Zellers. Guest: Jaida Barrows.

Staff: Elizabeth Gordon and Elaine Stefanowicz.

1. Approve agenda and minutes: Lucas made a motion to approve the agenda and minutes, and Lyn seconded the motion. None were opposed. The agenda and minutes were approved as written.
2. Elaine shared a workplan she created for the event (attached).
3. Assign roles for agenda.
4. Attend on Aug. 1st: Kristin, Nancy, Lucas (pending), Lyn, Angie, and Jaida.
5. Revised flyer. Elaine shared the final version of the flyer (attached).
6. Autumn's feedback. Autumn shared her daughter's positive feedback about the disability etiquette video and disability superhero article.
7. Next Friday, May 9th at 10:00 am, we will schedule a workgroup to decide how and where we share the Youth Empowerment Summit event info. Elaine shared that Tacoma Public Schools goes on summer break June 20, 2025. We will brainstorm outreach ideas and develop a social media post for members.

8. Draft Schedule:

Event from 1-4 pm

1:00 welcome, intros, housekeeping (5 mins). Conduct agreement.

Add icebreaker (name, city, if you could be a superhero who would you be?). It was suggested putting answers in chat to save time. We could read portions aloud. Chat more

accessible for people who are neurodiverse. It was suggested having a conduct agreement for chat. We will share our pronouns in the introductions. Delegates will also share what city they live in.

Intro Survey (10 minutes). Multi modal, up on screen, read aloud. Kristin has polling software. Elizabeth asked if it has been tested with a screen reader? Kristin will investigate further on app. Lyn suggested immediately sharing the results of poll after it is finished. Zoom polls is also a possibility. Provide other methods for people to participate. Elaine will ask Emily. Jaida said there is no issue with the accessibility of Zoom polls. We will try to find someone with a screen reader to test the poll. We will try to reach out to Larry W. at the Department of Licensing. Responses will be anonymous.

Elizabeth said we don't need a close date for event registration except for figuring out the number of people in breakout rooms.

1:45 Show video (3:40 min) <https://www.youtube.com/watch?v=Gv1aDEFIXq8>. Discuss the video. The group will come up with facilitation questions and we will have a discussion.

1:49 What Is Ableism? (**who will present this?**)– External and Internal. Define ableism. Kristin said she will put bullet points together for this. Have someone in audience to help start the conversation.

Four types of ableism.

Break (10 min). Lucas suggested checking with delegates to see how they're doing. Person running Zoom, give indication that some people are online and how many people are back from break. Stretch for 5 minutes. Kristin: YouTube shorts (3 minutes long). It was suggested playing music during stretch and put a countdown on screen.

Breakouts before Speaker 1: Lived experience sharing among participants. Folks will work together to discuss issues and strategies. [Use breakout rooms for virtual attendees]. Handout/download: Tips on counteracting ableism. Kristin suggested having facilitator training. How to mute/unmute, etc. Lyn volunteered to facilitate in breakout room. She will also, help present disability history.

Speaker 1: Rebecca Muchmore (10 mins).

What is Your Superpower? Lived experience sharing on disability pride. [Use breakout rooms]

Bio break (10 mins)

Lived experience sharing among participants about advocacy. [Use breakout rooms for virtual attendees] Handout/download: How to be an everyday advocate

History of The Disability Rights Movement: **who will facilitate this? Could it be a group presentation with all YLF subcommittee members?**

How to get Involved and Advocate on the Next Level - Sunshine Cheng from Disability Rights Washington (DRW). **Sunshine still hasn't confirmed.** Ways you can advocate. Sending a letter, running for student government, leadership position. Disability Rights Washington. Give students a list of resources of how they can get involved. Washington State Legislative Youth Advisory Council (LYAC). Show clips from Crip Camp.

Breakout: what they've learned about disability rights. Nancy: how does this relate to you based on what you learned? Allow delegates to share after breakout. Show clips of superheroes.

Closing remarks and survey (15 mins)

Wrap up, thank yous (5 mins)

[Short Video Featurettes on people with disabilities at some points]

[Roles needed for event: host, additional short presentations/videos]

Tasks needed: create script for event; identify and test multimodal content; tech support; plan a walk through; create handouts and activities; create outreach materials]

Next Meeting: Friday, May 9, 2025, at 10:00 am