



**STATE OF WASHINGTON**  
**GOVERNOR'S COMMITTEE ON DISABILITY ISSUES AND EMPLOYMENT**  
*Employment Security Department ■ P.O. Box 9046 ■ MS: 6000 ■ Olympia, Washington ■ 98507-9046*  
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**Youth Leadership Forum (YLF) Subcommittee Agenda**

Friday, May 2, 2025  
10:00 AM to 11:00 AM

Join Zoom Meeting

<https://esd-wa-gov.zoom.us/j/83300883072?pwd=QYwThQuqc41BFMtK8ei0HsofP2Tx3g.1>

Meeting ID: 833 0088 3072

Passcode: 897084

**Agenda**

1. Assign roles for agenda.
2. Revised flyer.
3. Workgroup on how and where to share the event info. Tacoma Public Schools goes on summer break June 20, 2025.
4. Draft Schedule:

Event from 1-4 pm

1:00 welcome, intros, housekeeping (5 mins)

**Add icebreaker** (name, city, if you could be a superhero who would you be?)

Intro Survey (10 minutes). Multi modal, up on screen, read aloud. Kristin has polling software. Elizabeth asked if it has been tested with a screen reader? Kristin will investigate further on app. Lyn suggested immediately sharing the results of poll after it is finished.

1:45 Show video (3:40 min) <https://www.youtube.com/watch?v=Gv1aDEFIXq8>. Discuss the video. The group will come up with facilitation questions and we will have a discussion.

1:49 What Is Ableism? (**who will present this?**)– External and Internal. Define ableism. Kristin said she will put bullet points together for this. Have someone in audience to help start the conversation.

Four types of ableism.

Break (10 min). Lucas suggested checking with delegates to see how they're doing. Person running Zoom, give indication that some people are online and how many people are back from break. Stretch for 5 minutes. Kristin: YouTube shorts (3 minutes long). Nancy and Autumn's youth will watch the videos. Lyn suggested playing music during stretch. Put countdown on screen.

Breakouts before Speaker 1: Lived experience sharing among participants. Folks will work together to discuss issues and strategies. [Use breakout rooms for virtual attendees].  
Handout/download: Tips on counteracting ableism

Speaker 1: Rebecca Muchmore (10 mins). Ask her if she's okay with Q&A. Yes, she is.

What is Your Superpower? Lived experience sharing on disability pride. [Use breakout rooms]

Bio break (10 mins)

Lived experience sharing among participants about advocacy. [Use breakout rooms for virtual attendees] Handout/download: How to be an everyday advocate

History of The Disability Rights Movement: **who will facilitate this? Could it be a group presentation with all YLF subcommittee members?**

How to get Involved and Advocate on the Next Level - Sunshine Cheng from Disability Rights Washington (DRW). **Sunshine still hasn't confirmed.** Ways you can advocate. Sending a letter, running for student government, leadership position. Disability Rights Washington. Give students a list of resources of how they can get involved. Washington State Legislative Youth Advisory Council (LYAC). Show clips from Crip Camp.

Breakout: what they've learned about disability rights. Nancy: how does this relate to you based on what you learned? Allow delegates to share after breakout. Show clips of superheroes.

Closing remarks and survey (15 mins)

Wrap up, thank yous (5 mins)

[Short Video Featurettes on people with disabilities at some points]

[Roles needed for event: host, additional short presentations/videos  
Tasks needed: create script for event; identify and test multimodal content; tech support; plan a walk through; create handouts and activities; create outreach materials]

**Next Meeting: Friday, June 6, 2025, at 10:00 am**