



STATE OF WASHINGTON
GOVERNOR'S COMMITTEE ON DISABILITY ISSUES AND EMPLOYMENT
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Youth Leadership Forum (YLF) Meeting Minutes

Friday, April 4, 2025

10:00 AM to 11:00 AM

Attendees: Kristin DiBiase, YLF Chair; Lucas Doelman, YLF Co-Vice Chair; Autumn Harris YLF Co-Vice Chair; Lyn Sowdon, and Nancy Zellers. Staff: Elizabeth Gordon and Elaine Stefanowicz

1. Approve March and April agenda and minutes. (Quorum = 4). Lyn made a motion to approve the March and April agendas and minutes and Autumn seconded the motion. None were opposed; both were approved as written.
2. Confirm speakers. Elaine emailed Sunshine but hasn't heard back from her yet. She will contact Rebecca, a former YLF counselor, about being a speaker at this year's event. Elaine will also make the event registration open now.
3. Work on finishing schedule timeline.

- **Draft Schedule**

Event from 1-4 pm

1:00 welcome, intros, housekeeping (5 mins)

Intro Survey (10 minutes). Multi modal, up on screen, read aloud. Kristin has polling software. Eliz asked if it has been tested with a screen reader? Kristin will investigate further on app. Lyn suggested immediately sharing the results of poll after it is finished.

1:45 Show video (3:40) <https://www.youtube.com/watch?v=Gv1aDEFIXq8>. Discuss the video. The group will come up with facilitation questions and we will have a discussion.

The group stopped here, and we will complete the timeline at the next YLF Workgroup Meeting.

What Is Ableism? – External and Internal. Define ableism. Kristin said she will put bullet points together for this.

Lived experience sharing among participants. Folks will work together to discuss issues and strategies. [Use breakout rooms for virtual attendees]. Handout/download: Tips on counteracting ableism

Speaker 1 Keynote: Embracing Pride [Speaker TBD] (15 mins)

What is Your Superpower? Lived experience sharing on disability pride. [Use breakout rooms]

Bio break (20 mins)

History of The Disability Rights Movement

Lived experience sharing among participants about advocacy. [Use breakout rooms for virtual attendees] Handout/download: How to be an everyday advocate

How to get Involved and Advocate on the Next Level - Sunshine Cheng from Disability Rights Washington (DRW)

Wrap up, thank yous (5 mins)

[Short Video Featurettes on people with disabilities at some points]

[Roles needed for event: host, additional short presentations/videos

Tasks needed: create script for event; identify and test multimodal content; tech support; plan a walk through; create handouts and activities; create outreach materials]

4. Ideas discussed at last workgroup meeting: attention span, interaction/participation of students and encourage them to sign up and participate.
 - Event is changed from 4 hours to 3 hours in length.
 - Maybe a youth speaker? Maybe from LYAC or suggestion from Sunshine?
 - Past YLF counselor? Maybe Rebecca can share her story (10 minutes).
 - Give vignettes of situations like disabled parking abuse. Breakout rooms with a different situation. Restaurant. Video games. School. Bullying/Ableism.
 - Four types of ableism. (1) Structural: world isn't built for everyone. Default for non-disabled. (2) Bullying. (3) Toxic positivity (tokenism ableism). (4) Internalized ableism. Disability privilege. Elaine will summarize and share for vignettes. Put students in breakout rooms with one vignette per room.
 - How to get Involved and Advocate on the Next Level - Sunshine Cheng previously from Disability Rights Washington (DRW).
 - Breaks with music. TikTok video. Kristin will look for a video for breaks.
 - Send video link about disability. <https://www.youtube.com/watch?v=Gv1aDEFIXq8>
 - Do an evaluation/survey. Kristin: Do survey at the beginning and another at the end. Work into the curriculum.
 - Create YouTube video. ESD YouTube?

Next Meetings:

Workgroup: Friday, April 11, 2025, at 10:00 am

Subcommittee: Friday, May 2, 2025, at 10:00 am