



STATE OF WASHINGTON
GOVERNOR'S COMMITTEE ON DISABILITY ISSUES AND EMPLOYMENT
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Youth Leadership Forum (YLF) Meeting Agenda

Friday, April 4, 2025

10:00 AM to 11:00 AM

Join Zoom Meeting

<https://esd-wa-gov.zoom.us/j/83300883072?pwd=QYwThQuqc41BFMtK8ei0HsofP2Tx3g.1>

Meeting ID: 833 0088 3072

Passcode: 897084

Agenda

1. Approve March and April agenda and minutes. (Quorum = 4).
 2. Confirm speakers.
 3. Work on finishing schedule timeline.
 4. Ideas discussed at last workgroup meeting:
 - Event is changed from 4 hours to 3 hours in length.
 - Maybe a youth speaker? Maybe from LYAC or suggestion from Sunshine?
 - Past YLF counselor? Maybe Rebecca can share her story (10 minutes).
 - Give vignettes of situations like disabled parking abuse. Breakout rooms with a different situation. Restaurant. Video games. School. Bullying/Ableism.
 - Four types of ableism. (1) Structural: world isn't built for everyone. Default for non-disabled. (2) Bullying. (3) Toxic positivity (tokenism ableism). (4) Internalized ableism. Disability privilege. Elaine will summarize and share for vignettes.
 - How to get Involved and Advocate on the Next Level - Sunshine Cheng previously from Disability Rights Washington (DRW).
 - Breaks with music. TikTok video. Kristin will look for a video for breaks.
 - Send video link about disability. <https://www.youtube.com/watch?v=Gv1aDEFIXq8>
 - Do an evaluation/survey.
 - Create YouTube video. ESD YouTube?
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- **Virtual Youth Empowerment Event Structure**

- Virtual event via Zoom on Friday, August 1, 2025, 1:00 pm-5:00 pm
- Theme: Superheroes. “Your disability is your superpower.”

- **Learning Outcomes:**

- a. Come away with a working definition of disability pride and what it is.
- b. Learn info about how to counteract the narrative of negativity around disability.
- c. Learn how to advocate.

- **Desired Objectives [SMART (Specific, Measurable, Achievable, Realistic, Timebound) Goals]:**

- a. Delegates to have fun.
- b. Partnerships with disability organizations.
- c. Connect youth with their community.

- **Draft Schedule**

Event from 1-4 pm

1:00 welcome, intros, housekeeping (10 mins)

What Is Ableism? – External and Internal

Lived experience sharing among participants. Folks will work together to discuss issues and strategies. [Use breakout rooms for virtual attendees]. Handout/download: Tips on counteracting ableism

Speaker 1 Keynote: Embracing Pride [Speaker TBD] (15 mins)

What is Your Superpower? Lived experience sharing on disability pride. [Use breakout rooms]

Bio break (20 mins)

History of The Disability Rights Movement

Lived experience sharing among participants about advocacy. [Use breakout rooms for virtual attendees] Handout/download: How to be an everyday advocate

How to get Involved and Advocate on the Next Level - Sunshine Cheng from Disability Rights Washington (DRW)

Wrap up, thank yous (5 mins)

[Short Video Featurettes on people with disabilities at some points]

[Roles needed for event: host, additional short presentations/videos
Tasks needed: create script for event; identify and test multimodal content; tech support;
plan a walk through; create handouts and activities; create outreach materials]

Next Meeting: Friday, May 2, 2025, at 10:00 am